



# Participants Needed: Autistic Teens & Young Adults and their Caregivers

## WHAT ARE THE GOALS OF THIS STUDY?

•Children's National Hospital and Children's Hospital of Philadelphia are studying daily living skills like cooking, cleaning and money management and their impact on quality of life for autistic individuals. This study is funded by the National Institutes of Health (NIH) and is led by Lauren Kenworthy, Ph.D. and Ben Yerys, Ph.D.

## WHO CAN BE A PART OF THIS RESEARCH STUDY?

- Autistic teens and young adults in the last two years of high school or last two years of their school district's transition program, and their caregivers may be eligible.
- This study is designed to be accessible to speaking and non-speaking participants and those with or without mild intellectual disability.

## WHAT WILL YOU BE ASKED TO DO?

- Attend 3 in-person study visits, each visit is 12 months apart.
- Each visit will take about 3 hours.
- Participants and caregivers will complete questionnaires on attention, daily living skills and mental health.
- Participants will also be asked to complete a few short tasks.

## WHAT ARE THE BENEFITS OF TAKING PART IN THIS RESEARCH STUDY?

- Autism diagnostic report is available, if requested.
- Results of the study may increase our understanding of good strategies for building daily living skills during the transition into adulthood.

## WILL I BE PAID FOR TAKING PART IN THIS STUDY?

- Participants will be paid up to \$50 for each visit.
- Caregivers will be paid up to \$30 for each visit.
- Participants and Caregivers will also be reimbursed for travel and parking.

## I'M INTERESTED! HOW DO I PARTICIPATE?

- If you have any questions or would like to join the research study, please contact our research coordinator:
  - Alejandro Todd  
Datodd@childrensnational.org



**Children's National**

