Preparing for the Return to School

Middle and High

Beth Benevides Hussman Institute for Autism

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Howard County Autism Society
www.howard-autism.org



don't panic there's still time to . . .

- get organized
- review the IEP
- create a communication log
- share information
- ask questions
- get involved
- → https://howardautism.org/backtoschool2021/
- → https://www.hcpss.org/2022-2023/
- → ReadingRockets.org



Organize the Paperwork

- binder
- folder
- new folder in your email for "school 2022"

choose a system that works for you and you'll be more likely to use it . . . same goes for your student . . . give them a say!

Consider a communication log

Date:	□ Р	Phone	☐ Email	☐ Letter	☐ In person
Who initiated:	١	Who pa	articipated, r	eceived, or a	attended:
What prompted the communication:					
What was discussed:					
What was decided:					

https://www.understood.org/articles/en/download-school-communication-log

communication log examples

Date:	Person:	Method:	Concern:	Notes:
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	
		☐ Email ☐ Call / Text ☐ Note Home ☐ Meeting	☐ Behavior ☐ Academic ☐ Routines ☐ Other	

@Jen Bradshaw {TeacherKarma.com}

Date	Contact	Person	Topic
	Туре	Contacted	
	phone		
	note		
	e-mail		
	left mesg.		
	phone		
	note		
	e-mail		
	left mesg.		
	phone		
	note		
	e-mail		
	left mesg.		
	phone		
	note		
	e-mail		
	left mesg.		
	phone		
	note		
	e-mail		
	left mesg.		

Use email for important communications

- Helps keep track of the conversation
- Documents the discussion for further consideration

- Decide what is <u>most important to communicate</u>
- Be succinct
- Don't overwhelm teachers with daily emails
- Don't email at all hours of the day and night



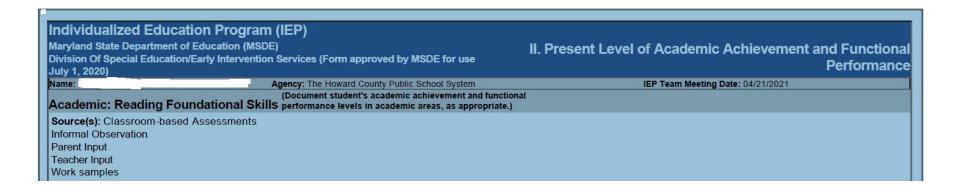
Review your child's current IEP

- important dates
- "present levels" in the IEP
- current needs
 - do the goals "fit"?
 - are the accommodations up to date?

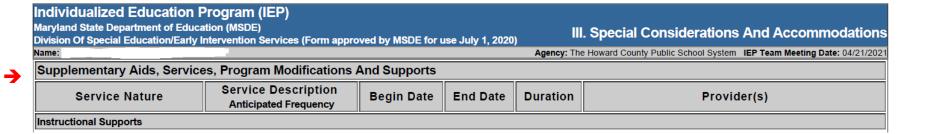
Section I. (p. 1) -- dates

IEP Annual Review Date:	03/30/2021 ←
Parent was provided a copy of	the Procedural Safeguards Parental Rights.
	erbal and written explanation of the parents' rights and
responsibilities in the IEP team pr	
	rbal and written information about access to habilitativ
	Maryland Insurance Administration's Parents' Guide to
Habilitative Services.	
Native Language Translation: Pare	ent Informed? ☐ Yes ☐ No ₩ N/A
Projected Annual Review Date:	03/30/2022
Most Recent Evaluation Date:	03/02/2021 🗲
Projected Evaluation Date:	03/02/2024
Primary Disability:	Autism

Section II. – present levels



Section III. – accommodations



Instructional supports

Program modifications

Social/behavior supports

Physical/environmental supports

Are agreed-upon accommodations in place?

If accommodations are not provided, students are not receiving FAPE.

Schools are responsible for providing a **free and appropriate public education**. "Appropriate" for your child is determined by the IEP.

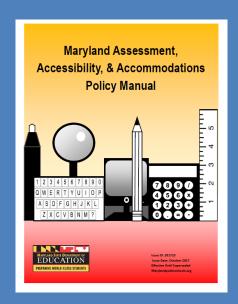
Supplementary Aids & Supports / Accommodation Examples

Extended time Timer Non-conditional breaks Visual daily schedule Task list Yes / No response card Immediate feedback Agenda book Checklists Daily check-in/check-out with case manager

Program Modification Examples

Alternative textbooks Alternative content Fewer problems Revised assignments Different method of instruction Picture books Hints/clues to correct responses Modified materials to be more developmentally appropriate

Maryland Assessment, Accessibility, and Accommodations Policy Manual (MSDE 2017)



https://marylandlearninglinks.org/maryland-assessment-accessibility-accommodations-policy-manual/

Does the IEP "fit" your child's current needs?

 The IEP identifies special education and related service supports needed for a student with a disability — are revisions necessary?

 If you believe the current IEP (or BIP) needs revision, request an IEP meeting.

An interim IEP meeting (45-days, 60-days after school year begins)
 may be helpful to schedule in advance



Communicating with teachers

- What to communicate
- How
- When
- With Whom

- Introductory letter to the teacher(s)
- Narrow down your list to top 5 things
- Most important things to know for first week
- Why are these things essential to know?



- Autism, ADHD, [disability] all affect children in different ways. Provide specifics on how your child's disability affects them.
- Accommodations that are essential and why (important for ALL teachers, especially general educators)
- Anything going on at home that may affect your child's learning (social emotional needs affect learning)

- Child's strengths
- What your child needs help with
- Strategies that work

Understood.org 3x3x3



- Experience with hybrid or distance learning
- Strengths and challenges
- Recent events

Understood.org Back-to-School Update

Back-to-school up	date				
My child's name:	My name:				
My email and/or phone:					
Hybrid or distance learning					
☐ Mostly positive ☐ Ma	orid or distance learning was (check all that apply): anageable				
☐ Mostly negative ☐ St ☐ Other:	ressful Done with lots of support Boring				
Video lessons helped my child	learn. Yes No Not sure Other:				
Other comments? Questions?					
Strengths and challenges					
	Hard and Assay				
my child is good at or enjoys (r	eading, science, art, etc.)				
My child needs help or has a h	ard time with				
my orma riodae riotp or riae a ri					
Challenging behaviors I've not	iced recently in my child (check all that apply):				
☐ Angry outbursts	☐ Worrying a lot ☐ Stomachaches ☐ Crying				
Refusing to follow rules	☐ Trouble focusing ☐ Headaches				
□ Trouble wearing a mask	☐ Trouble sleeping ☐ Other:				
Other comments? Questions?					
Recent events					
With all that's been happening	g recently, it's important for my child's teacher to be aware that				
Other comments? Questions?					

Hi! My name is: _	
I like to be called	

When I'm	not at sch	ool, I lik	e to:		
My favorit	e subject	in schoo	ol is		
oecause:					
Sometime	s I need e				
want my	new teac	ner to kn	ow:		



"Share the little things that [you] do for the child at home. For example, if the student needs help with ordering lunch or opening food items. Or, if there are any sign approximations that would be helpful for staff to understand."

"Share prompts that are helpful—verbal, visual, gestural. Share social stories and strategies that helpful. Share, share, share!"

HOW to communicate

- Email
- Phone for sensitive conversations
- Informal meeting
- IEP meeting

Early on, it's a good idea to ask teachers how they generally prefer to be contacted and how quickly parents should expect a reply.

WHEN to communicate

Communicate early—touch base by Thursday (this week!) so the teacher can respond if necessary on Friday.

If you have questions or concerns after the first day of school, it's ok to ask them. (Of course the first week of school will have bumps for kids, parents, *and* teachers!) Do not wait until there is a crisis to communicate, but also be realistic as everyone is getting settled.

WITH WHOM to communicate

- Direct email to your child's teacher(s) instead of group emails initially
- Communicate directly with the general educator(s) as well as the special educator
- Copy the case manager
- Consider related service providers (school psychologist, nurse, speech teacher) and what they may need to know specific to their role



Be open minded.

While things may have not gone well the year before, give your teacher a chance to try new strategies or adapt techniques to fit your child's needs.

Partner with your teacher together come up with a plan when new strategies are needed.



Be positive.

Your attitude matters—to teachers <u>and to your child</u> (<u>and/or children</u>)

Keep your expectations high

Participate in school meetings and activities, volunteer, chaperone—get involved in the school community



Give your child and teachers time to adjust

Keep the lines of communication open as everyone settles back in

Tell teachers what <u>is</u> working (not just what isn't)

Acknowledge the challenges teachers are facing too

Back to School 2022 Resources

Howard County Autism Society

https://howard-autism.org/backtoschool2021/

Resources

- Howard County Autism Society (howard-autism.org)
- HCPSS Family Support and Resource Center https://www.hcpss.org/special-education/family-support-and-resource-center/
- Understood.org
- Wrightslaw.com
- Disability Rights Maryland (disabilityrightsmd.org)
- Parents Place of Maryland (ppmd.org)

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Michele Redmiles	Leslie Harmon	Jessica Yaniro	Katie Collins	Elizabeth Augustin	Missie Baxter	Yvonnne Cox	Elisa Kinnee
Elementary	Elementary	Elementary	Elementary	Secondary	Secondary		Program Lead
410-313-5354	410-313-5354	410-313-5354	410-313-5366	410-313-5366	410-313-5366	410-313-5366	CCEIS
Latasha Harrison	Jennifer Silbaugh	Jessica Hanauer	Ashley Edmunds	Christine Hoelscher	Colleen Garrant	Bianca Roberts	410-313-6837
ES Resource Teacher	ES Resource Teacher	ES Resource Teacher	ES Resource Teacher	MS Resource Teacher	HS Resource Teacher	Resource Teacher	
Ext. 6837	Ext. 6837	Ext. 6837	Ext. 6837	Ext. 6837	Ext. 6837	K-8 Instruction	Resource Teacher
Athelton ES	Bollman Bridge ES	Cradlerock ES ^	Bushy Park ES #	Burleigh Manor MS	Atholton HS # ^	Ext. 6837	Ext. 6837
Centennial Lane ES	Bellows Spring ES ✓	Fulton ES •	Cedar Lane School	Clarksville MS	Glenelg HS	Select Schools	
Deep Run ES	Davron Oale: ES ✓	Hanover Hills ES • ^	Clarksville ES #		Long Reach HS ^		Select Schools
Guilford ES	Ellaridge ES	Swansfield ES	Duckeπs Lane ES#	Folly Quarter MS #	Oakland Mills HS # ^		
Northfield ES	Forest Ridge ES	St Johns Lane ES	Pointers Run ES √#	Hammond MS	River Hill HS		
Phelps Luck ES	Hebester ES ✓	Thunder Hill ES -	Rockburn ES #	Harper's Choice MS ^	Wilde Lake HS ^		
Running Brook ES	Jeffer: Hill ES	Trindelphia Ridge ES •	Worthington ES#	Lime Kiln MS	Community Connections *		
Steven's Forest ES	Longfellow ES	Waterloo ES ● ^	Waverly ES √#	Mayfield Woods MS	Project Search **		
Veterano ES	PL @ PRES ✓		1	Panment Valley MS	Cedar Lane HS Program		
West Friendship ES	PL@ WavES √		1	Wilde Lake MS # ^	Vacancy	1	
Ashley Edmunds		Jennifer Silbaugh			HS Resource Teacher		
ES Resource Teacher	Jessica Hanauer	ES Resource Teacher		Brandon Garry	Ext. 6837		
Ext. 6837	ES Resource Teacher	Ext. 6837	1	MS Resource Teacher	ARL	1	
Clemens Crossing ES	Ext. 6837	Gorman Crossing ES	1	Ext. 6837	Centennial HS		
Laurel Woods ES	Bryant Woods ES	Hammond ES		Bonnie Branch MS ^	Hammond HS ^		
Menor Woods ES	Telbott Springs ES	Hollifield Station ES	1	Dunloggin MS	Howard HS ^		
		Lisbon ES	1	Filiana Milla MC .	Marriotts Ridge HS		
Vacancy	Vacancy	1	1	Glenwood MS •	Mt. Hebron HS •		
ES Resource Teacher	ES Resource Teacher		1	Lake Elkhorn MS ^	Reservoir HS • ^		
Ext. 6837	Ext. 6837		1	Mt. View MS	Missie Baxter	1	
		1	I	Murray Hill MS • ^	410-313-5366		
			1	Oakland Mills MS ^	Homewood Center ^	1	
I		I	1	Patapaco MS	Mary Augustin	1	
1		l	I	Thomas Viaduer MS ^	Behavior Specialist		
1		l	I	A ADDRESS OF THE PARTY OF THE P	Ext. 6837		
# Regional ALS		l	I	1	* Howard Community College	1	1
✓ PL/ULSchools	^ CCEIS	Regional ED	1	1	** 9200 Berger Road, Columbia	I	I

Jen Riccardi, Coordinator				
Early Intervention Services #7017				
Cynthia Bouchard, Instructional Facilitator Shannon Roberts, Instructional Facilitator #7017				
Ashley Murphy Resource Teacher #7017		Kimberley Waldron Resource Teacher #7017	Aliya Brodsky Resource Teacher #7017	
Atholton RECC	Bellows Spring RECC	Bollman Bridge RECC	Bellows Spring ITP	
Bushy Park RECC	Cedar Lane School	Bryant Woods PreK	Gorman Crossing ITP	
Dayton Oaks RECC	Ducketts Lane RECC	Cradlerock RECC	Manor Woods ITP	
Forest Ridge RECC	Fulton RECC	Deep Run RECC	Running Brook ITP	
Gorman Crossing RECC	Hanover Hills RECC	Elkridge RECC	Veterans ITP	
Longfellow RECC	Ilchester RECC	Laurel Woods RECC		
Pointers Run RECC	Phelps Luck	Talbott Springs RECC		
Running Brook RECC	Rockburn RECC	Veterans RECC		
Waverly RECC	Worthington RECC Waterloo RECC	Stevens Forest PreK		

	Early Intervention Specialists				
	Candice Shin	Hiedi Patterson	Rebecca Godwin		
	Autism Specialist	Behavior Specialist	Behavior Specialist		
	×7017	×7017	×7017		
1	Early Intervention Services Administrative Staff				
	Barbara Carter	Tina Eder	Kate Zimmer		

Early Intervention Behavior Paras x7017	Early Intervention Assessment Team x7046	
		Lead: Sue Schuster
Tina Brown Jasmine Johnson	Kim Kallini	

Transition-Age Students (14+)

- Every high school has a transition teacher—know who that is
- Attend transition-related webinars, workshops when your child is in high school – every year(!), as information changes frequently
- Attend the Transition Fair each fall (October)

THANK YOU! Time for Questions ©



Howard County Autism Society

410-290-3466 howard-autism.org "And now here is my secret, a very simple secret; it is only with the heart that one can see rightly.
What is essential is invisible to the eye."

- Antoine de Saint Exupery (The Little Prince)





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