



Howard County Autism Society: Charting the LifeCourse and Transition

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Developmental Disabilities Administration**

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Agenda

- Welcome
- Background
- Principles & Tools
- Application
- Resources

Welcome!



Who is Mary Anne?

- Parent of 4
- Grandparent of 2
- Daughter has I/DD
- Partners & Policy Making
- DD Community 23 years
 - Provider
 - Service Coordinator
 - Office for Genetics / PSHCN
 - Founder/ED Maggie's Light Foundation
 - Developmental Disabilities Administration



Background

Charting the LifeCourse (CtLC)

Background

WINGSPREAD CONFERENCE

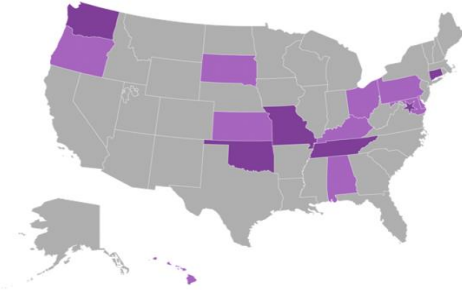
Administration on Intellectual & Developmental Disabilities (AIDD)
National Agenda on Family Support



Supporting Families: New Definition

We support families, with all of their complexity, strengths and unique abilities, so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration, and inclusion in all facets of community life for their family members ([*AIDD National Agenda on Family Support Conference, 2011*](#)).

National Community of Practice (CoP) for Supporting Families



Project Outcome

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.

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National Community of Practice on Supporting Families

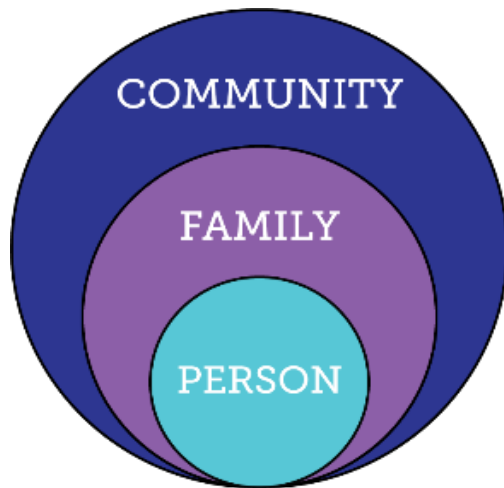
Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.

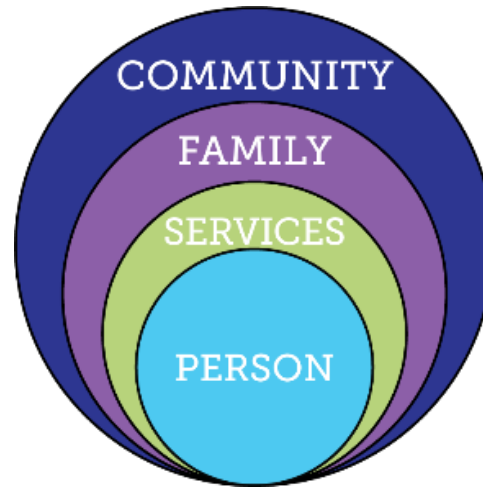
CHARTING THE LIFECOURSE (CtLC)



EVOLUTION



Everyone exists within the context of family and community



Traditional Disability Services



Integrated Services and Supports within context of person, family and community

Principles & Tools

Charting the LifeCourse

Principles

All people

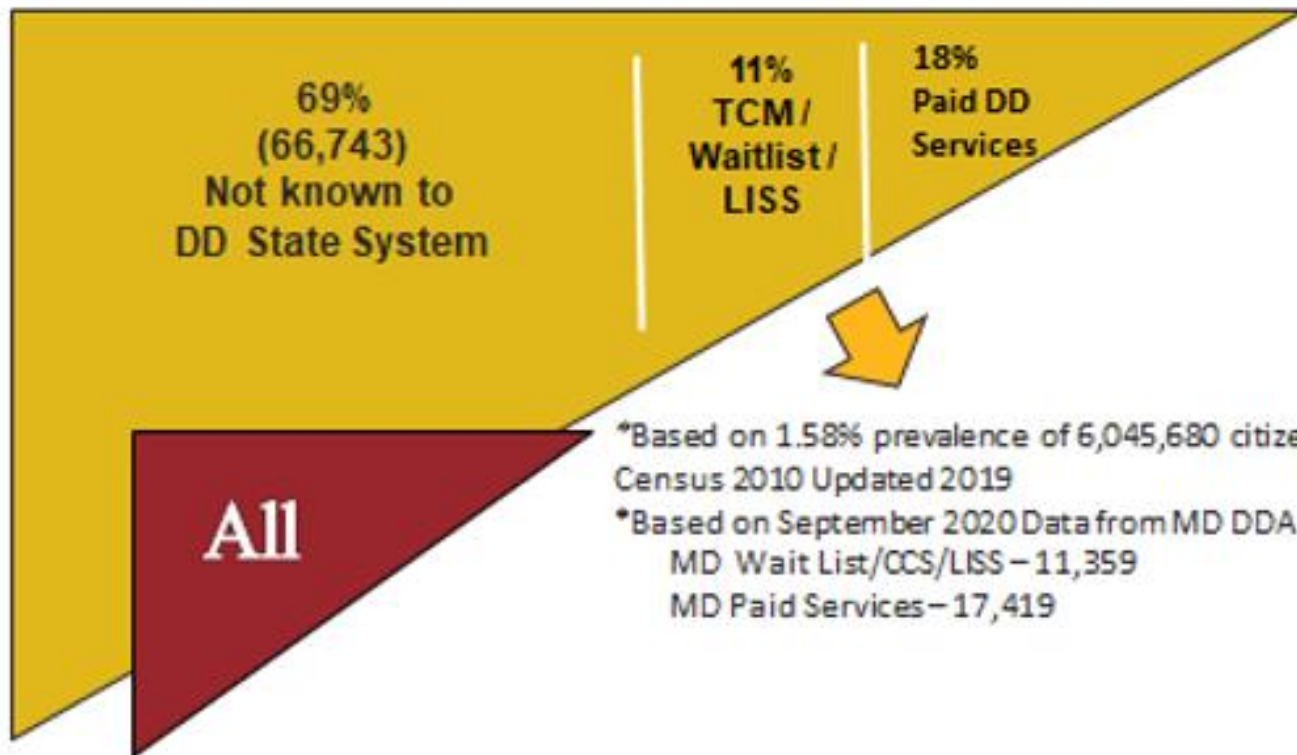
Have the right to live, love, learn, work, play and pursue their aspirations in their community.



ALL People

Marylanders

95,521 are estimated to have Developmental Disabilities*

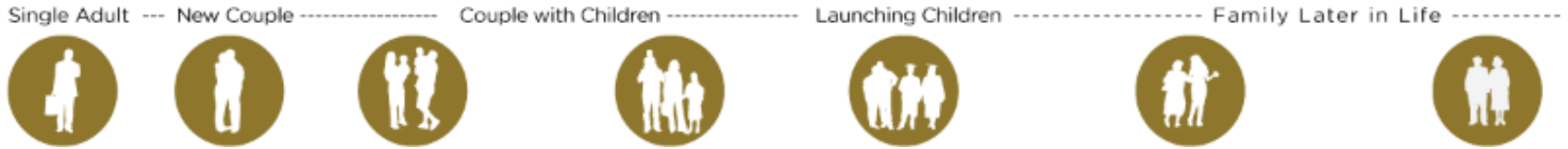
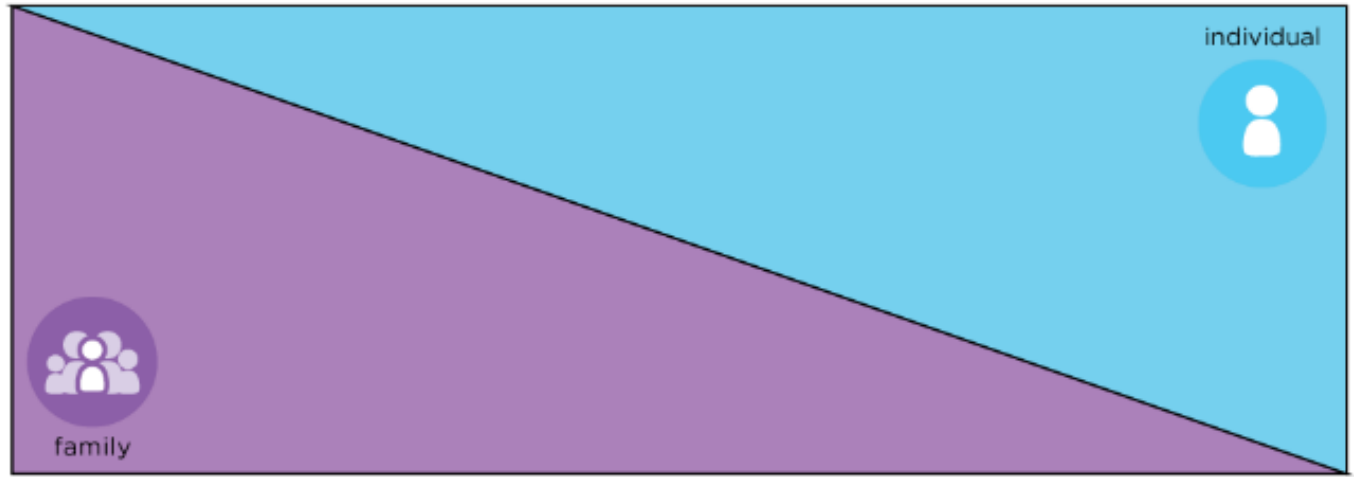


Principles

Person Within the Context of Family



Family Systems & Cycles



“Good Life” for ALL

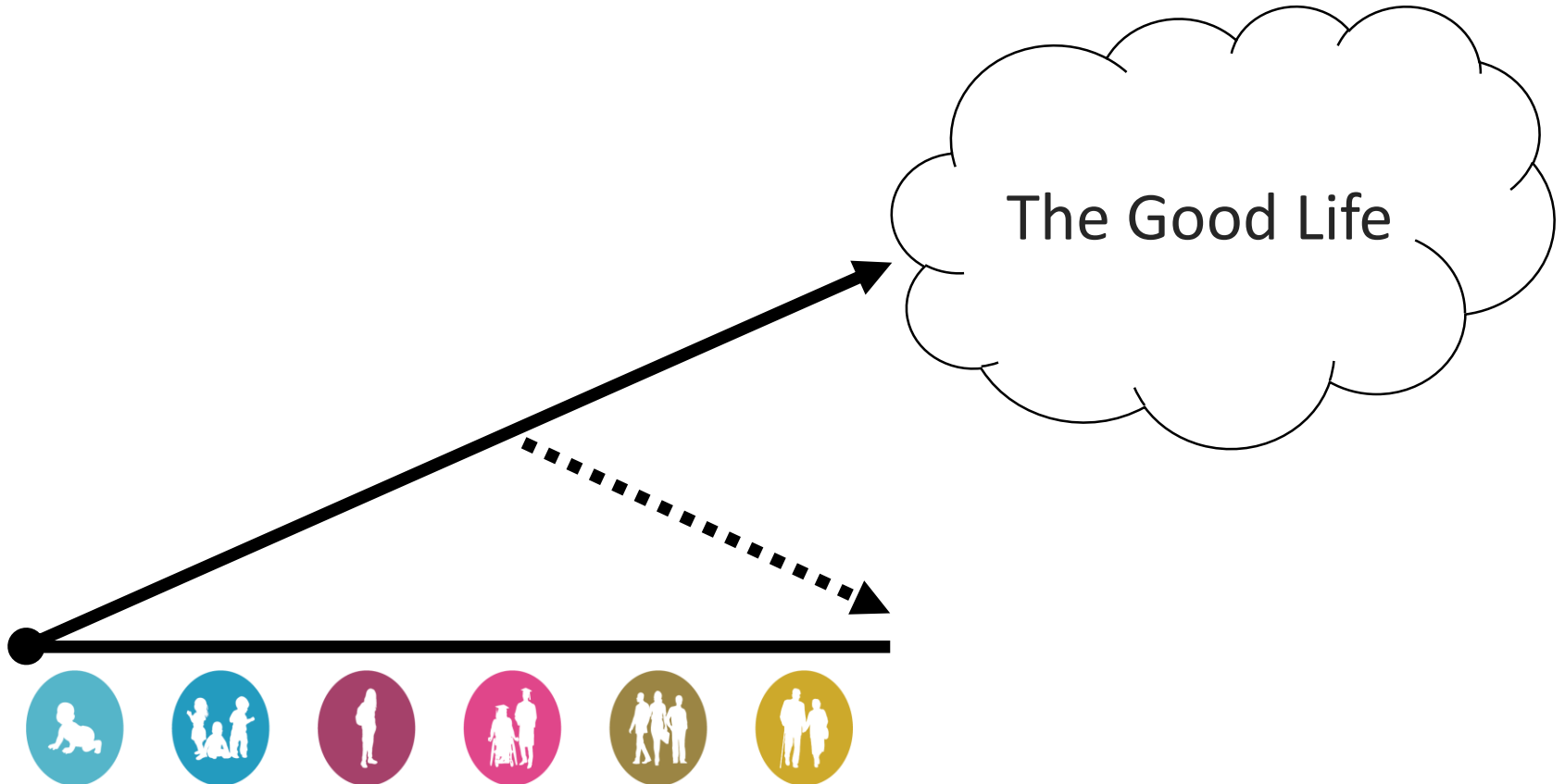


The Individual will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life.

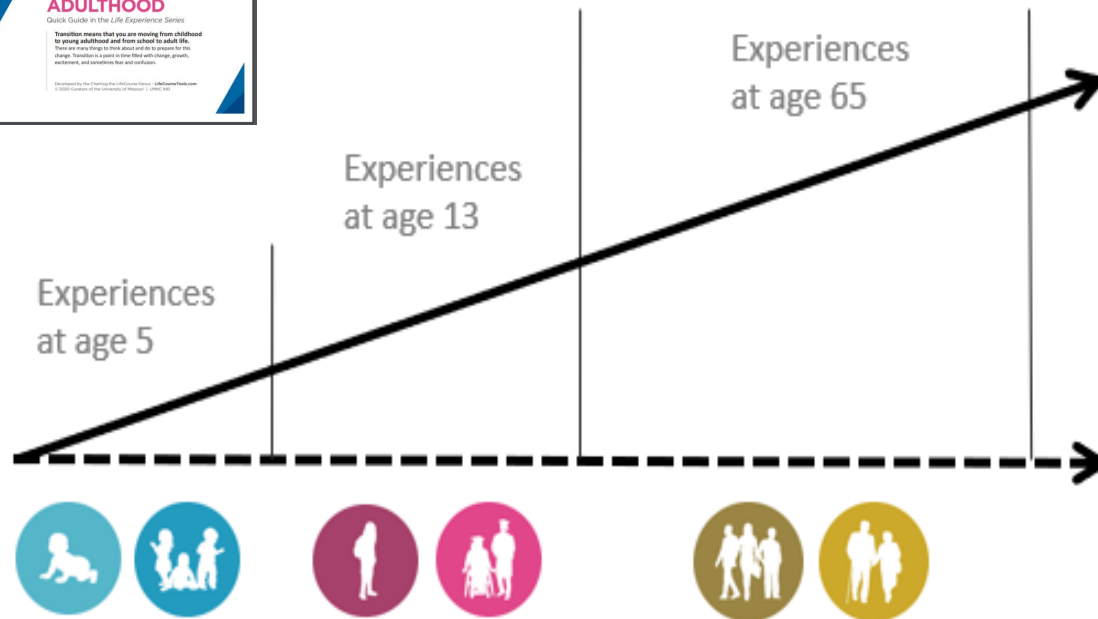
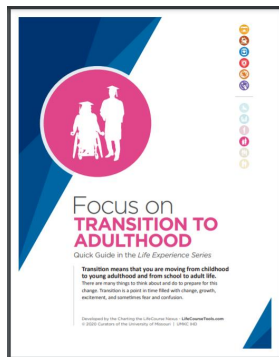


Families will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals.

Vision for a “Good Life”



Trajectory of Life Experiences & Outcomes



WANT
Friends, family, education, job, volunteer, sense of purpose, status, enough money, home, faith, vacations, relationship, health, choice, freedom ...

DON'T Want
Be without all of the above etc.

Achieving Life Outcomes



Holistic Focus Across Life Domains



Daily Life & Employment



Community Living



Safety & Security



Healthy Living



Social & Spirituality



Advocacy & Engagement

Supporting the Three Buckets of Need



Integrated Services & Supports Across the LifeCourse

Integrated Support Star

- *All* people need support to lead good lives
- Using a combination of many different kinds of support helps to plot a trajectory toward an inclusive, quality, community life
- This tool can help people brainstorm the supports that they already have or might need in order to work in partnership to make their vision for a good life possible



Transformational Policy & Systems Change

Partnering with people with Disabilities and their families so they can engage, lead, and drive policy and systems change.



Application

Charting the LifeCourse (CtLC)

- *Application*

Maggie's "Good Life"



What I want...make decisions, connected, spend time w/ friends & family. Good staff, know my neighbors, hang out in my community, continue to learn, have good health, spend time outside - farm, walks, swim, listen to books on tape, have money, date, compete, train, volunteer, **have a job I like (adaptive tools) that is purposeful**, live in a home that feels like mine with a back/front porch, opportunities to do new things, and make new friends, have freedom and enjoy my life

What I don't want...

Isolated, without a voice, without relationships, without opportunity, without purpose, without choice, without support



Maggie's Vision for Employment



What I want...

Current Iteration – Planting and growing an organic garden and selling produce at the local farmers market. Public speaking – *assist Athletes Serving Athletes in their presentations to attract new athletes, wingmen and raise money.*

What I don't want...

Isolated, without a voice, without relationships, without opportunity, without purpose, without choice, without support



Maggie's Challenges / ASA

Communication

- Difficult to communicate in “real-time” spontaneously and provide authentic responses

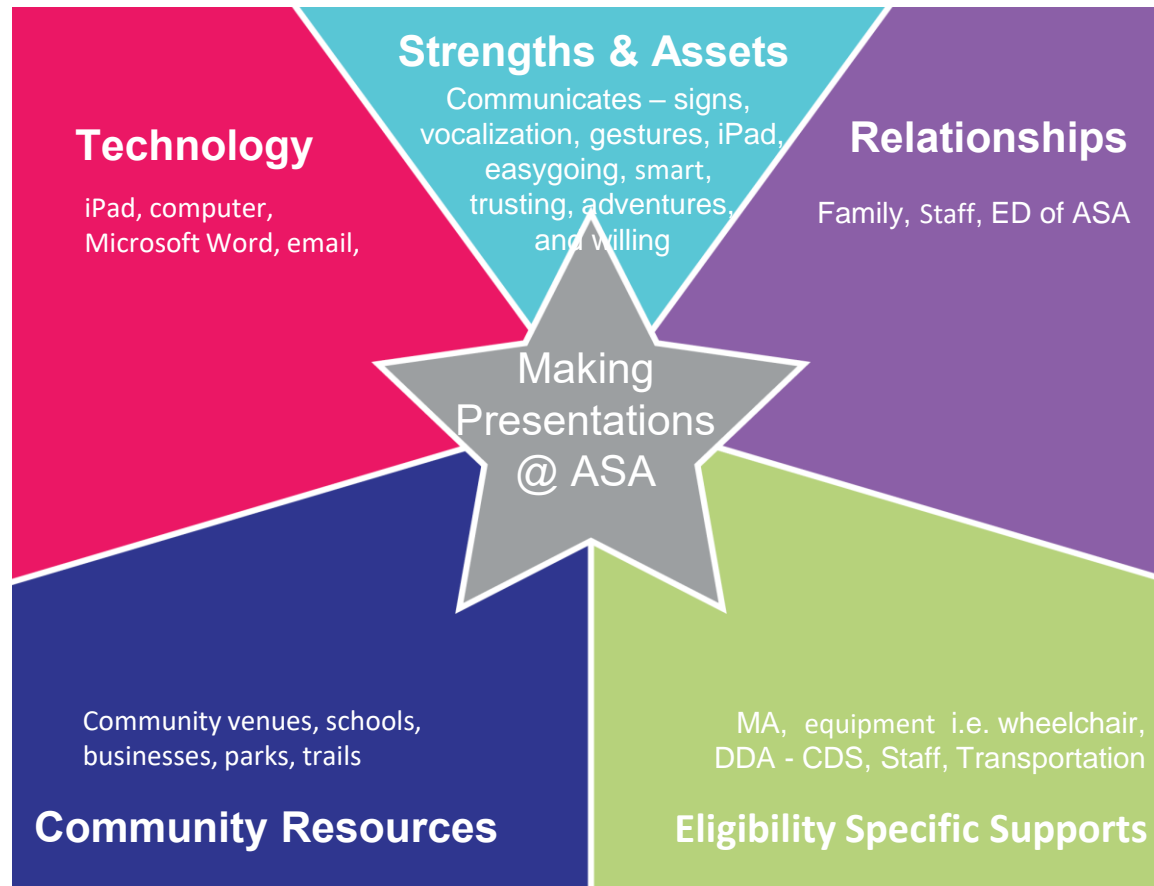


Support & Transportation

- Who will support her in getting to the event (transportation) and throughout



Maggie's ASA Integrated Support Star



Application

Maggie's "Good Life"

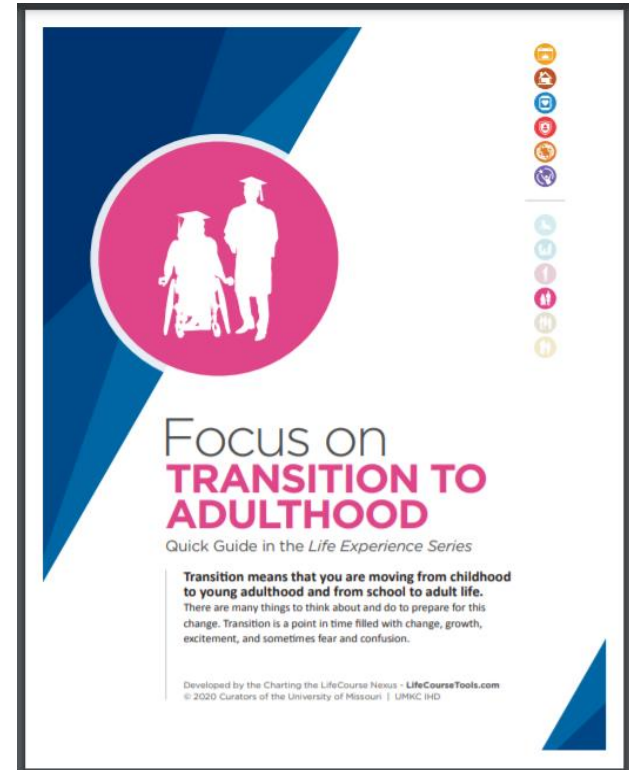
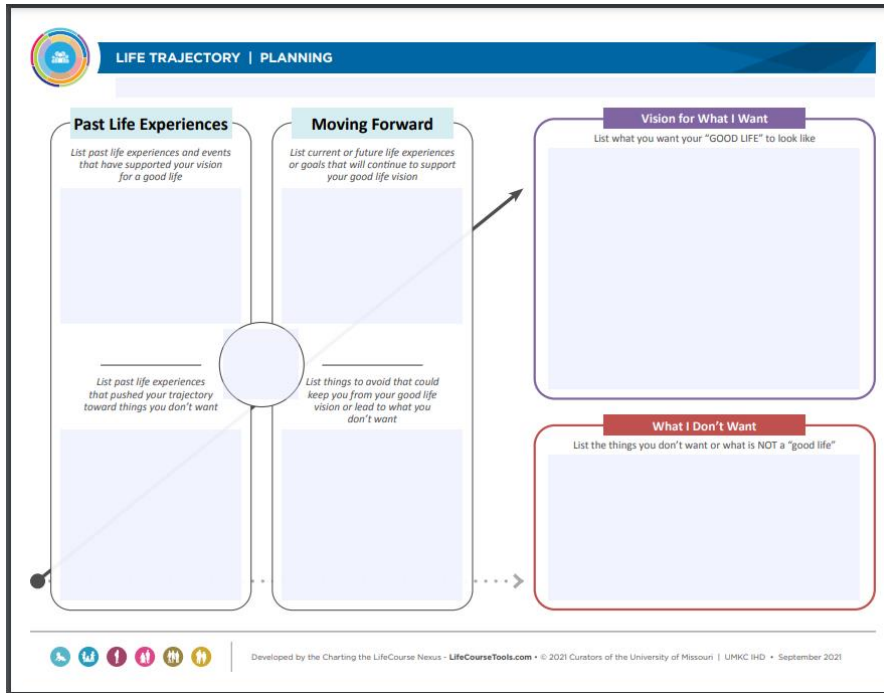


Tools & Resources

Charting the LifeCourse

Charting the LIFECOURSE Nexus

Person Centered Planning



<https://www.lifecoursetools.com/lifecourse-library/foundational-tools/person-centered/>

Charting the LIFECOURSE Nexus

Family Perspective Planning

LIFE TRAJECTORY | FAMILY PERSPECTIVE

Past Life Experiences
List past life experiences and events that have prepared or supported my family member to move towards a vision for a good life.

Moving Forward
List current or future life experiences or goals that will continue to support my family member to move towards a vision for a good life.

My Vision for My Family Member's Good Life

What I Don't Want

List past life experiences that pushed my family member's trajectory toward things they did not want or I did not want for them.

List barriers or things to avoid that might get in the way of my family member taking steps to reach their goals.

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LIFE DOMAIN VISION TOOL | FAMILY PERSPECTIVE

Name of Person Completing: _____ Date: _____

On Behalf of: _____

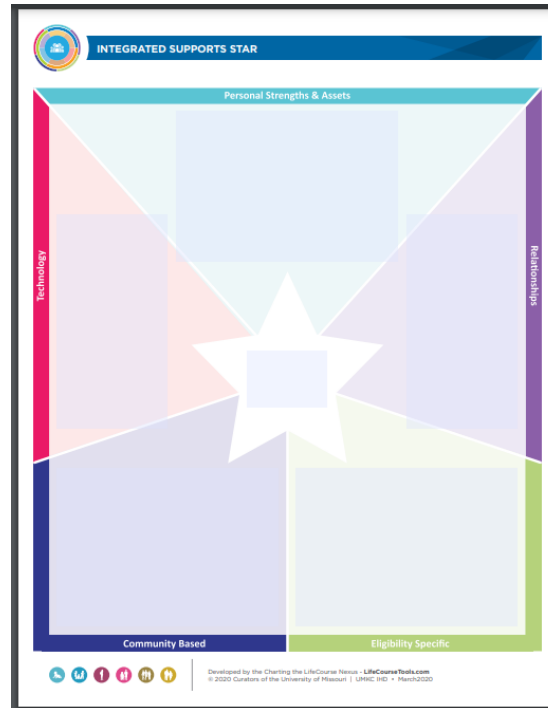
LIFE DOMAIN	DESCRIPTION	MY VISION FOR MY FAMILY MEMBER'S FUTURE	PRIORITY
	Daily Life & Employment: What do I think my family member will do during the day in their adult life? What kind of job or career might they want?		
	Community Living: Where and with whom do I think my family member will live in their adult life?		
	Social & Spirituality: How will they connect with spiritual and leisure activities, and have friendships, and relationships in their adult life?		
	Healthy Living: How will they live a healthy lifestyle and manage health care supports in their adult life?		
	Safety & Security: How will my family member be safe from financial, emotional, physical or sexual harm in their adult life?		
	Advocacy & Engagement: How do I think they will have valued roles, responsibilities, and control of how their own life is lived as an adult?		
	Supports for Family: What supports does our family unit need now or will need in the future?		
	Supports & Services: What supports and services might my family member need in the future to lead the kind of life they want as independently as possible?		

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<https://www.lifecoursetools.com/lifecourse-library/foundational-tools/family-perspective/>

Charting the LIFECOURSE Nexus

Integrated Support Star



<https://www.lifecoursetools.com/lifecourse-library/integrated-supports-star/>

Additional Resources for Transitioning Youth

Technology

MD Technology Assistance Program
<http://mdod.maryland.gov/mdtap/Pages/MDTAP-Home.aspx>

Connect Using

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger
- Portal
- Facebook

APSE Remote Supports -
<https://apse.org/wp-content/uploads/2020/04/Remote-Supports-FAQ.pdf>

Griffin Hammis Associates Resources on Transition, Technology, and Customized Employment

<https://www.griffinhammis.com/resources/past-webinars/>

Community Based

Charting the LifeCourse (CtLC) Learning Tools
<https://www.lifecoursetools.com/learning-materials/>

MD Public Libraries (local libraries online learning)
• Online Library

Contact Local Businesses through your Local Chamber of Commerce

<https://mdchamber.org/resources/trashed/maryland-chamber-federation-2/>

MDOD Job Seeker Fact Sheet Library

• <http://mdod.maryland.gov/employment/Pages/jsfactsheets.aspx>

Maryland ABLE Accounts

<https://mdtransitions.org/maryland-able-accounts/>

MD ONESTOP <https://onestop.md.gov/>

Think College Family Resources

<https://thinkcollege.net/family-resources>

Eligibility Specific

- **MD Developmental Disabilities Administration (DDA)**
<https://dda.health.maryland.gov/Pages/TY.aspx>
- **Appendix K**
https://dda.health.maryland.gov/Pages/DDA_Appendix_K.aspx
- **MD Division of Rehabilitation Services (DORS)**
dors.Maryland.gov
- **MD Department of Disabilities**
<http://mdod.maryland.gov/>
- **Social Security Administration**
<https://www.ssa.gov/>
- **National Collaborative on Workforce + Disability** <http://www.ncwd-youth.info/>
- **School to Work**
<https://dda.health.maryland.gov/Pages/Developments/2015/School%20to%20Work1.pdf>
- **Parent's Place Maryland**
https://www.ppmo.org/resource_category/transition
- **Ticket to Work** <https://www.ticket2workmd.org/>
- **MD Benefits Counseling**
<https://www.mdbenefitscounseling.org/>

Questions



Contact Information

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Thank you!