

## Resources: Women and Autism

### From the HCAS Monthly Speaker Series on November 10, 2020

1. Books, websites, and resources about autistic girls and women:
  - a. *Welcome to the Autistic Community* by the Autistic Self-Advocacy Network (<https://autisticadvocacy.org/2014/02/welcome-to-the-autistic-community/>)
  - b. *Girls Growing Up on the Autism Spectrum* by Shana Nichols
  - c. Autism Women and Non-Binary Network: <https://autismwomensnetwork.org/>
  - d. *Nerdy, Shy, and Socially Inappropriate* by Cynthia Kim
  - e. *Aspergirls* by Rudy Simone
  - f. *Autism in Heels* by Jennifer Cooke O'Toole
  - g. *My Autism and Me* (BBC documentary available on YouTube, hosted by Rosie King)
  - h. TED talks by Rosie King and Temple Grandin (available on YouTube)
  
2. Children's literature that features female autistic characters:
  - a. *Get a Grip, Vivvy Cohen!* By Sarah Kapit
  - b. *On the Edge of Gone* by Corinne Duyvis
  - c. *State of Grace* by Rachel Lucas
  - d. *Can You See Me?* By Libby Scott and Rebecca Westcott
  - e. *M is for Autism* by Vicky Martin and the Students of Limpsfield Grange
  - f. *A Kind of Spark* by Ellen McNicoll
  
3. Jewish Social Service Agency – Specialized Employment Services  
<https://www.jssa.org/get-help/specialized-employment/>
  
4. Association of University Centers on Disabilities  
[www.aucd.org](http://www.aucd.org)
  
5. Facebook Groups
  - a. Autistic Women & Nonbinary Network - @awnnetwork.org
  - b. Aspergers From The Inside - @aspergersfromtheinside

Have additional resources to add to this list? Email [melissa.rosenberg@howard-autism.org](mailto:melissa.rosenberg@howard-autism.org)  
(November 2020)